**Sin, Guilt, and Restoration**

Secular scientists promote the theory that the world came into existence by a series of explosions and deaths. The Bible gives us a very different picture. In this lesson we will study how death was never part of God’s original plan for humans.

**Genesis 3:1-6**

1. How did Satan create doubt in Eve’s mind?
2. What did he say would happen if she ate the fruit?
3. Give some examples of how he still uses these tactics today?

**Genesis 3:7-13**

1. Adam and Eve didn’t immediately die after they ate the fruit. Does that mean God was lying? (See Genesis 5:5.)
2. Identify two feelings that Adam and Eve experienced after they sinned against God.
3. Describe how you feel when you realize you’ve disobeyed God’s commands?
4. Did Adam and Eve confess their sins to God when he caught them? If not, what did they do instead?
5. When you sin, are you quicker to blame others or confess that you’ve sinned? Explain.

**Genesis 3:14-15**

1. What was God’s solution for Adam and Eve’s sin?

**Genesis 3:16-24**

1. Even though God took away Adam and Eve’s eternal punishment by promising to send them a Savior, there were still earthly consequences that they had to suffer. What does that mean for you?

**Small Group Discussion**

**Psalm 32:1-7**

* + - 1. Just like Adam and Eve tried to cover up their sin, King David tried to cover up his sin of adultery with Bathsheba by killing her husband Uriah. According to verses 3 and 4, how did trying to hide his sin affect David physically?
      2. Why do you think David thought hiding his sin was a good option?
      3. What lie are you believing when you try to cover up your sin and shame on your own?
      4. Describe a time when you tried to cover up your sin and shame, and instead of making the problem go away, it only made it worse.
      5. What did David finally do in verse 5 and what was the result?

**1 John 1:8-2:2**

Who only can completely cover over your sin and shame?

The same principles that applied to Adam, Eve and King David still apply to us today. When we sin, we cannot hide the guilt and shame. Trying to hide them will only make it worse. When we confess our sins to God and to each other, we can have absolute assurance that our sins are forgiven and completely washed away by the blood of Jesus Christ.

**Memory Verses:**

**Romans 6:23 -** “The wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord.”