## Children's Sermon

God-Lived Life #1 1 Peter 1:22-2:3



(Children's Sermon idea: maybe have some of your favorite foods on hand as a demonstration)

Food is good, right? Who here likes food? Likes to eat? Why? Why not just not eat for a few weeks? There are a lot of reasons, right? First, you need food so you can live, so you can grow strong, so you can have energy to do what you need to do. And then, it tastes good, too, doesn't it? And eating it is a way to show love and appreciation for the person who made it for you—lots of good reasons.

Now, I want you to think about your *favorite* food. What are you thinking about? What's your favorite food? Now, imagine you were really hungry, you hadn't eaten all day and I gave you that food that you are thinking of—and I let you take your first bite, and as soon as you realized how delicious it was and how it was going to help you not be so hungry, I took it away. How would you feel?

OK—that's the picture God's Word uses in our reading today about God's Word. He says that his Word is like that favorite food for your faith. It tastes good—because it tells you how much God loves you. And it is just as important as food is for your body—because the Word is what builds your faith so it doesn't starve. God wants us to want his Word as much as we want that favorite food. He wants us to ask for extra helpings. This food is found here in church, at Sunday School, and anywhere we hear God's Word. Ask your parents for family devotions—because God's food is that good!

## Let's pray:

Dear Jesus, thank you for giving us your Word. Help us always realize how wonderful and important it is and help us love hearing and reading it so we keep growing closer to you. In your name we pray, Amen.